



COVID 19 – CORONAVIRUS

GENERAL INTRODUCTION

Dear colleagues, the current Italian epidemic situation is certainly well known to you. Hoping that it will not assume such dramatic characteristics in your country, I still believe it is right to provide you with some information as I have sent them constantly and daily to the Italian bakers in order to update them on what is good to do and what should be done.

The first **recommendation is not to wait any longer to implement the necessary measures and above all to adapt the work organization as of today and in any case as soon as possible to avoid - as has happened to us - making you find yourself unprepared.**

The first thing is to understand in which way CORONAVIRUS INFECTION works.

The infection occurs through micro drops of saliva that each of us also emits by breathing normally and which can enter the body not only from the mouth but also from the nose and eyes. The dangerous transmission distance between a healthy person and one who is infected is 1 METER. The main transmission vector of the infection, however, is represented BY YOUR HANDS on which the micro drops are easily deposited. It is proven that everyone touches their nose and mouth with their hands unknowingly hundreds of times a minute. So the first fundamental element of prevention is to wash your hands thoroughly as often as possible, considered the most important carrier of the virus.

Another problem is given by the fact that many infected do not show obvious symptoms and they themselves ignore it: therefore potentially anyone who comes close to them can also be unconscious carrier of coronavirus. Hence the need to respect safety distances between people of at least one meter.



Even though people over 60 years of age are most in danger, this does not mean that under that age you are safe from infection, even if the probability of serious complications is much lower.

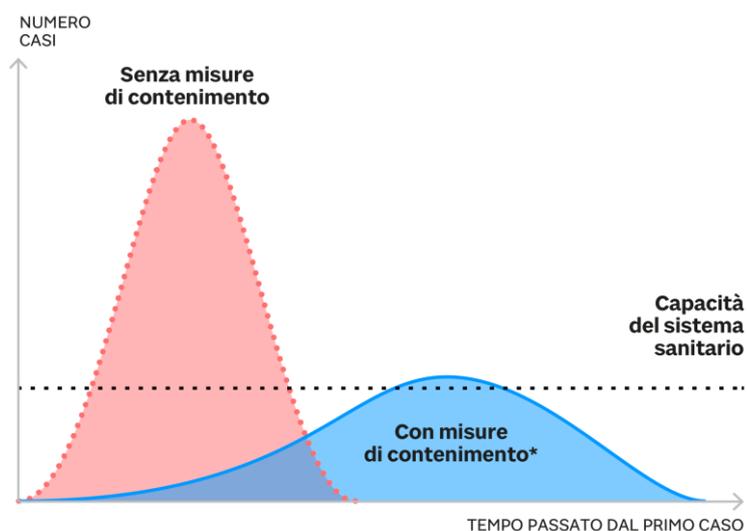
The obvious symptoms that should make the infection suspect are temperatures above 37.5 ° C, significant cough or sore throat or symptoms of difficulty breathing. In this case, do not wait any longer and call the health authorities immediately.

The infection from an infected person (both symptomatic and asymptomatic) to a healthy person is almost always evident with symptoms within the first 5- 6 days from contact with each other, but the period can reach 14-15 days and this is the

so-called quarantine during which the infected person must be isolated. This period must also be strictly observed by all those who have come into contact with the infected person. This means that if several people work together in a company in a single environment and one is found positive, the whole company is closed for 15 days of quarantine.

The image clearly explains what is the importance of an interruption of relationships in relation to a necessary decrease in the infection.

as the serious cases of coronavirus (today estimated in Italy at around 8%, over 1150) require intensive therapy operations without containment measures an explosive course of the infection could be such as to not be able to respond sufficiently to requests for intervention with dramatic increase in the impossibility of treatment and therefore of deaths.



Based on the evolution followed so far by the infection, we believe that the problem cannot be solved in a short time, so that contagion between work colleagues and between operators and customers may also be possible in the coming months.

So, we strongly suggest that you set up prevention and above all organizational measures that are not designed for a few days or a few weeks but become routine and consolidated business practice.

If you see the file about general situation you can see that to day you have a little bit more time to prepare yourself, , your families and your bakeries and pastry shops than we, italians have had: make good use of them immediately, without waiting for it to be too late.

Good luck!